

shake	open	turn	stretch
wring	flick	dab	press
float	glide	slide	pull
fall	descend	rise	scatter
gather	wiggle	flatten	fly
slither	explode	twist	bend
grow	shrink	reach	contract
extend	contract	travel	go!
carve	slash	under	over
around	through	hop	skip
jump	leap	sissonne	assemblé
drop	pause	scatter	turn
spin	patter	run	rise
narrow	widen	swing	hang

melt	drip	walk	wander
push	tap	arch	curl
collapse	expand	point	draw
pour	rotate	hide	crawl
creep	bound	soar	sail
wave	touch	whisper	shout
beat	kneel	sit	listen
spread	balance	wipe	climb
lie	squeeze	pass	kick
fall	shoot	swim	hold
weave	bounce	peek	look
run	chase	spring	wilt
descend	ascend	bend	spin
grasp	release	break	bump